

Perspectives in home TeleHealthCare system:

Daily routine nycthemeral rhythm monitoring from location data

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Outline

- Aging : a worldwide phenomenon
- The HIS project
- Human clock
- Activities of Daily Living (ADL) monitoring
- Perspectives



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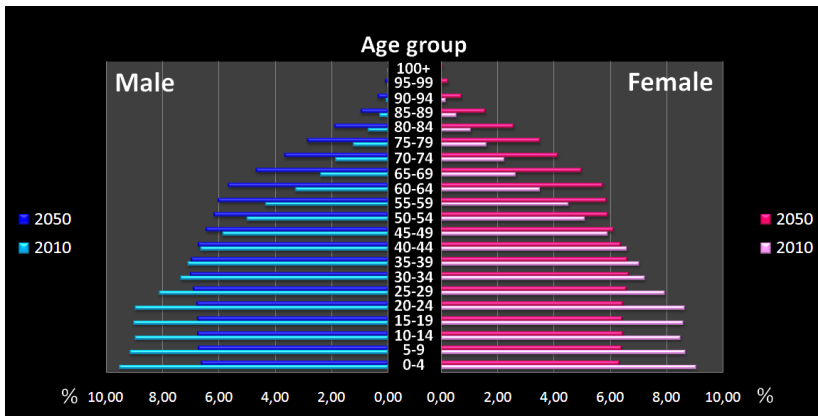
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Evolution of the age distribution

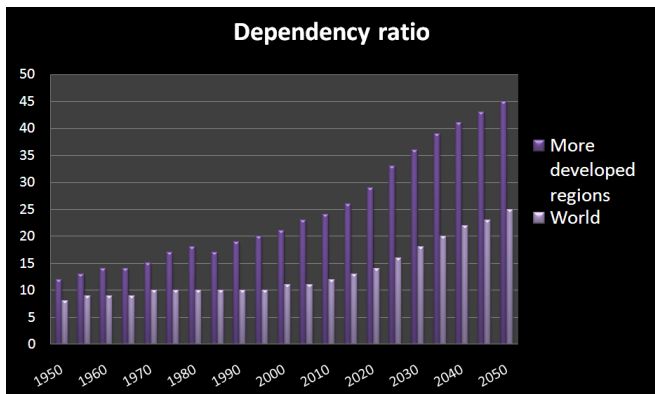
throughout the World



Source : <http://esa.un.org/unpp>

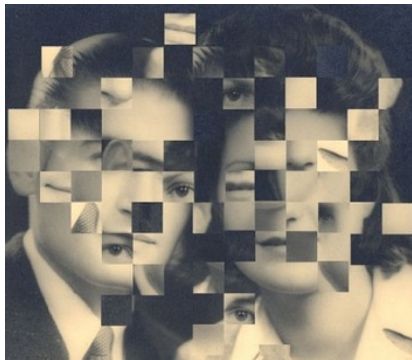
Evolution of the aged dependency ratio

$$\Rightarrow \text{Aged dependency ratio} = \frac{\text{number of people aged 65 and over}}{\text{number of people aged 15-64}} \times 100$$



Source : <http://esa.un.org/unpp>

Alzheimer's and dementia-related diseases(1)



An everyday challenge

- A new case every **7** seconds
- Main cause of entrance in **institution**
- No automatic and noninvasive **mean of detection**
- No curative **treatment**
- Lack of **care providers**

Alzheimer's and dementia-related diseases (2)

In daily life

- Memory loss
- Difficulty performing activities of daily living
- Repetition in task
- Disorientation of time and place



FIGURE: "Recognize the onsets of the Alzheimer disease" (in the middle)
"Don't forget the Alzheimer's disease" (on the bottom)

Le projet HIS

L'appartement intelligent



FIGURE: Des capteurs infrarouges disséminés dans chaque pièce donnent la localisation : 0.Hall d'entrée, 1.Salon, 2.Chambre, 3.WC, 4.Cuisine, 5.Douche, 6.Lavabo.

What do we aim at ?

- Monitoring the inhabitant's activities
- Developing his/her individual activity profile
- Triggering alarms
- Developing gerontechnologies to support aging-in-place
- Lightening the carer's burden

Le projet HIS

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Living by the clock

Rhythms of life

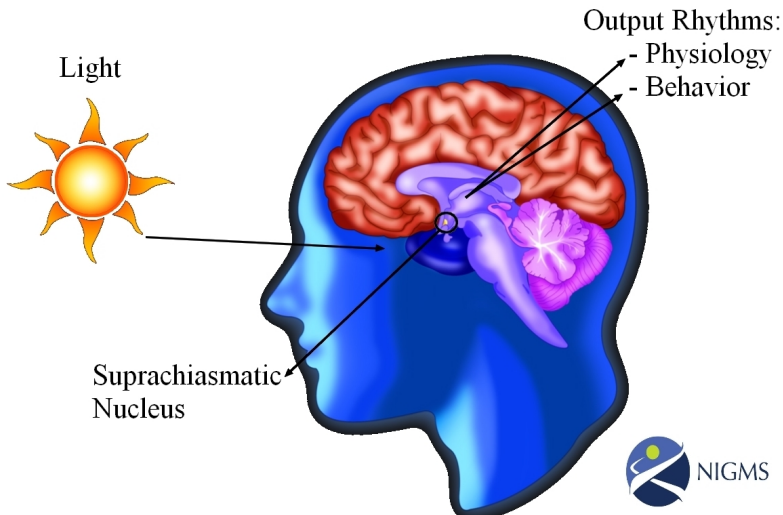
- **Physiological** variables :
Temperature, heart rate,
muscular strength, blood sugar
level. . .
- **Behavioral** variables :
Alertness, Activities of daily
living (ADL). . .

Synchronizers

- **Environmental** cues :
light/darkness cycle,
seasons. . .
- Clocks of the **society** :
work, transport. . .

⇒ ADL follows a **nycthemeral** rhythm (*i.e.* a 24-hour cycle).

The Suprachiasmatic Nucleus : *the master clock*



ADL Monitoring

Elementary activities considered

- A : Ambulatory Activity
- G : Generic Social or Cultural Activity
- C : Cooking & Eating
- U : Unassigned to a Specific Activity

The Hamming distance d_H

⇒ Comparison of **day-to-day** or **day-to-profile** sequences of ADL

$$d_H(x, y) = \min_{k=1, \dots, 24} \text{Card} \{ i \in \{1, \dots, 24\} \mid x_i \neq \sigma^k(y)_i \}$$

where σ is the circular permutation of the 1st component of y

Detecting a shift

by comparison with the circular Gumbel distribution

$M = 24 - d_H(x, y)$ = number of matches between x, y

Hypothesis : M follows the circular Gumbel distribution.

$\Rightarrow E(M)$ is approximately Gaussian.

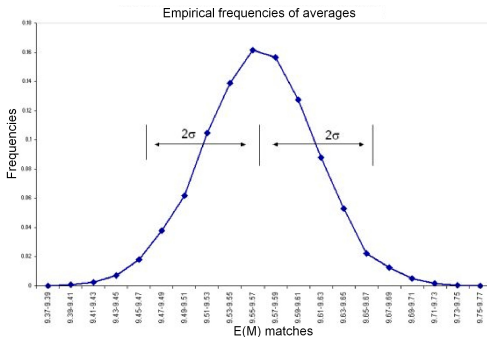


FIGURE: Empirical distribution of the average number of matches $E(M)$ calculated between 500 activities sequences and 30,000 random sequences.

Towards a new tool for HomeHealthTelecare

Aims

- Providing a **detection** tool of **pathological behavior**
- Building a complete **aware system** for telemonitoring

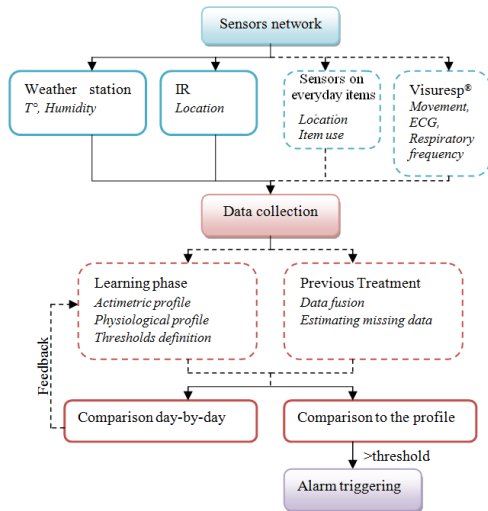


FIGURE: Plain lines : already available
Dashed lines : coming soon

Final thoughts



Gerontechnologies at home, what we have at stake :

- Using them to support **aging healthy and secure in place** and improve the elderly quality of life
- Making them a **lifestyle choice** rather than a life stage need

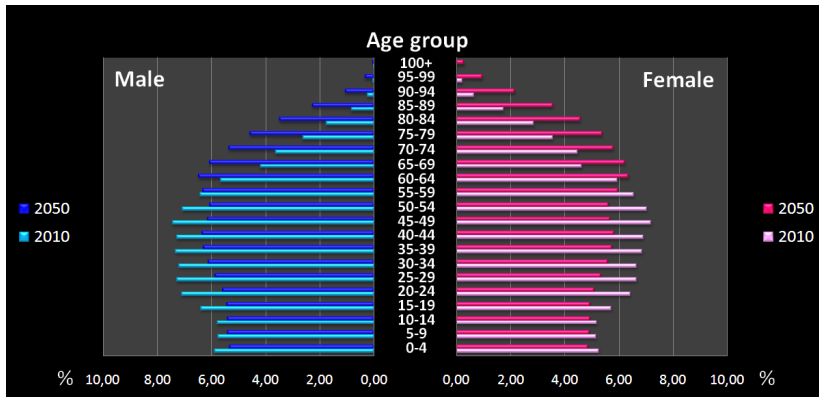
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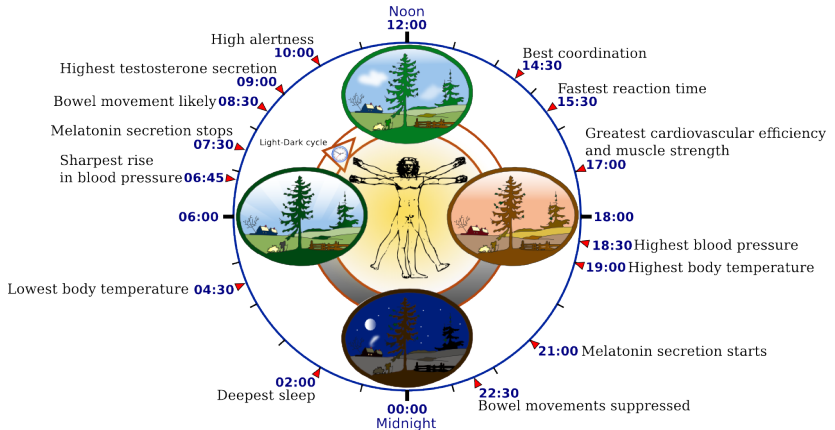
Evolution of the age distribution

in the more developed countries



Source : <http://esa.un.org/unpp>

Rhythms of life



Source : Y. Mrovet & "The Body Clock Guide to Better Health" by M. Smolensky & L. Lamberg ; Henry Holt and Company, Publishers (2000)

Dealing with a multisensor network

Censored data and the estimation of joint probabilities

$$d_{\text{Inc}}(\{A_i\}_{i=1,\dots,n}) = \frac{\sum_{i < j} [P(A_i) + P(A_j) - 2P(A_i \cap A_j)]}{\sum_{i < j} [P(A_i) + P(A_j)]}$$

$$d_{\text{Exc}}(\{A_i\}_{i=1,\dots,n}) = \frac{\sum_{i < j} P(A_i \cap A_j)}{\sum_{i < j} \min[P(A_i), P(A_j)]}$$

$$d_{\text{Ind}}(\{A_i\}_{i=1,\dots,n}) = \frac{\sum_{i < j} |P(A_i \cap A_j) - P(A_i)P(A_j)|}{\sum_{i < j} \max[\frac{P(A_i)P(A_j)}{P(A_i \cap A_j)}, |P(A_i \cap A_j) - P(A_i)P(A_j)|]}$$

$$P_* = a_1 P_{\text{Lan}} + a_2 P_{\text{Ent}} + a_3 P_{\text{Ind}},$$

where we have chosen $\sum_{i=1}^3 a_i = 1$ and

$$a_1 = 1/2 - d_{\text{Ind}}/2(d_{\text{Exc}} + d_{\text{Ind}} + d_{\text{Ind}}),$$

$$a_2 = 1/2 - d_{\text{Exc}}/2(d_{\text{Exc}} + d_{\text{Ind}} + d_{\text{Ind}}),$$

$$a_3 = 1/2 - d_{\text{Ind}}/2(d_{\text{Exc}} + d_{\text{Ind}} + d_{\text{Ind}}).$$